

Amy's Journal

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This morning, Mum and I went to the biggest supermarket in town and we bought a lot of food for dinner there. The supermarket was really crowded and there were so many different products. We were attracted to the Easter decorations and the snacks. When we walked out of the supermarket, Mum suddenly realized something. She said, "Oh no! I forgot to buy some bananas for making banana milkshakes. Amy, please stay here and wait for me for a while. I will quickly come back as fast as I can. I am such a silly head!" After that, Mum went back to the supermarket again.

When I was waiting for Mum, I heard someone begging quietly. The sound was as small as a mosquito. I looked around curiously and investigated. I finally noticed that there was an old woman who was kneeling on the ground. She looked pale and hungry. She was shivering from the cold. She looked dirty and shabby. Also, there was a bowl in front of her, but there were only a few coins inside it. I could see that none of the passers-by spared her, either by giving money. I felt pity for her.

When I walked closer to her, I could hear what she said, "Please spare some change, please!" Her voice sounded full of sadness. She was so hungry that she didn't have the energy to cry. I wanted to help her but I only had \$60 left. I also wanted to buy my favourite dream book. All my friends around me were reading it — Argh! This made me so frustrated. What should I do?

Fortunately, I decided to help the old woman with my money. I walked towards her. Her eyes were on me, and she looked surprised. I opened my mouth and said, "Please take this \$60 and feed yourself. Don't be hopeless. I believe in you so well." After my encouragement, she was

completely lost for words. She was so grateful. She said, "You are the kindest child I have ever seen. Thank you very much!" After that, she stood up and walked away with all her money. She bought a sandwich and a bottle of water happily, like she had a spring in her steps.

When Mum came back to me from the supermarket, I had just told her what happened. She was gratified. She said, "Amy, you have really grown up! You did a great job!" Although the weather was a bit cold and windy today, my heart and my body felt pretty warm.

After this incident, I have learnt that helping others is vital, especially the needy. If we all give the needy a helping hand, we all will feel better. I promised my heart that I would help more people, like donating my old toys, clothes, and money. I am really exhilarated by the thought of helping more people in the future.